



Marian College

A Kildare Education Ministries School in the Brigidine tradition

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Issue 26

6th September, 2021

Principal: Mrs. Carmel Barker



Multicultural Cooking

Greek yoghurt lemon cake - Ashlyn Wheeler

IN MY WORDS

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CAREERS

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From the Head of Learning & Teaching



Dear Parents, Carers, Friends and Students of Marian College,

- ❖ *We encourage excellence and perseverance in learning,*
- ❖ *We strive for continuous improvement*

Prayer for inner peace and calm

(a prayer for calmness with nerves and anxiety)

Holy Spirit, please encircle me,
Come hold me safe and secure.
Wrap my mind up with your truth
Guide my thoughts and calm my fears.
Steady my emotions,
Lord that you would guide my feelings,
May I not be overcome by upset.
Sustain my soul,
With vision for the future,
And hope for tomorrow.

I need you.

Amen.

PhotoGrid

As I write this newsletter editorial we are currently in a continued state of waiting. Waiting to see if we come out of lock down. Waiting to see what that looks like. Waiting for information in regards to Exams.

As we enter our third week of remote learning, I ask families to continue to do their very best to encourage their children to stay engaged. Please do not hesitate to contact your child's TA teacher or subject teacher for help and support.

GAT

As you would be aware the GAT has moved dates again to October 5. All students sitting the GAT will receive information as it comes to hand.

Subject Blockings 2022 and Booklists

We are currently working on the blockings based around the subjects that students chose via web preferences. Once this process is complete, students will find out what subjects that they selected are running next year to help facilitate booklists.

Any students who chose subjects that either clashed in the blockings or are not running next year will be contacted to discuss other subject options.

Once completed book lists will be made available to families. This will be conducted exactly the same as last year, with families ordering books online. As soon as this is ready families will be notified.

Vaccinations

Just reminding families again that vaccinations are free and voluntary.

The government is encouraging students to book appointments.

Please note that Year 11 students who are completing a Year 12 subject are now eligible under the 'priority vaccinations for year 12 students program'. Please call East Grampians Health Service vaccination clinic – 5352 9363 or Stawell Regional Health 5358 6500 to book an appointment.

As Mrs Barker indicated in last week's newsletter, as information is updated we will keep you informed.

Mariancollegeararat Instagram

The Marian College instagram page is going really well. Our senior students are regularly offering thoughts on how to survive and thrive during remote learning. I highly encourage you to follow the page.

Marian Wellbeing Hub

Don't forget to access the College's Wellbeing Hub via our website for further resources, videos, tips, yoga, exercise and relaxation sessions.

Counselling and Wellbeing Support

Please know that our school counsellor is available to support students. Students should email Debra Wilson or Stephanie Saravanja (Head of Wellbeing) if they require support. They can also register a Wellbeing request on SIMON. Deb's email is dwilson@mcararat.catholic.edu.au.

Matthew Summers
Head of Learning and Teaching

IN MY WORDS

with Kye Richards



I was born on the 25th of April, 2004 at Cairns Base Hospital to my Mum, Janet. I lived in Cairns for about four months before moving to Ararat where I lived for a month until we moved to Stawell.

When I was 12.5 months old my sister was born. We spent a lot of time at the Royal Children's Hospital with her.

I went to Marrang Kindergarten and then started at St. Patrick's Primary School at 4.5 years of age. It was in Grade three that I started liking Pokemon and Anime. It's hard to explain exactly why I started liking both of these things but it's almost like something triggered in me that they would always be a big part of my life.

I have broken my legs three times, twice on one side and once on the other. These were during kindergarten and early years of primary school.

I am an introvert, it takes some time for me to open up to people and I will often talk quietly because of that.

I have enjoyed the House Days and Marian's Got Talent. My favourite subjects were PE and Tech.

Both of these subjects set off some sort of spark in me that never burnt out and I've always enjoyed them.



I want to thank Mrs Smith for making me feel comfortable and listening to me in her classes. I also want to thank my Mum for helping me to be independent in making my own decisions, letting me be the person that I am today and believing in me and helping me to be my best even when others have believed I can't do things.

As for my future, who knows what will happen, today, tomorrow or next year. The main focus is what's happening in the here and now, that is what will determine our future.

IN MY WORDS *with Ella Dunmore*

On the 27th of May 2003 in the Ararat Hospital Lorna and Greg welcomed their first daughter into the world, Ella. Then 2 and a half years later on the 8th of December my little sister came into the world, Grace, our family was complete. Little did they know that the next 18 years would be very full on, with lots of laughs and tears but mostly laughs.

The first few years of my life we were living in Ararat. I can't really remember much about living in town. The only thing I remember is jumping off the table and Dad catching me and crawling around in the



shed. Then we moved out to Armstrong where we are still there now. I have loved every moment living there, as Nan and Pa living next door to us is the best thing ever. Growing up we were always into something if we weren't on the motorbikes or trying to drive everything we were fixing stuff.

In my earlier years I went to St Andrews Kindergarten. One of the funny memories was getting my finger stuck on one of the play equipment and I was way up the top all by myself. Then I went to St Mary's where most of my great memories are. Like my first day of school I got hit in the stomach with a soccer ball. Then I headed off to the big scary 'Marian' which I found out really quickly that it wasn't that scary. Throughout high school I had lots of funny memories. Mind you I hated school and all the theory. I am more of a hands on learner, it was a lot easier to talk and muck around rather than doing my work and they were the best times. (Sorry to the teachers that had to teach me through that time). Then I started VCAL which honestly has really helped me with my confidence and what I am wanting to do with my further years.

I was always a very active kid and when I was three I started dancing which was a big part of my life. Dancing five to six days a week.

2020 was my last year of dancing to enable me to do more racing. In 2018 we were in Warrnambool on holidays and we found out that 'Jonger Sprockets' were coming to Cobden for a 'come and try day'. So a week later we went there and had the best time and fell in love with go karting. Half way through 2018 we were in Melbourne and Dad said he was going to go and buy some karts and start racing. We joined the Ballarat Kart Club where I met lots of my closest friends. We only practiced for them for the rest of the year and at the end of the year we went to our first club day which we had no idea about it. We were going for a practice and ended up racing.



In 2019 Grace and I had a big surprise, we were on our way to dancing and we were driving out the gate, all of a sudden we spotted dad and there was our new go kart trailer. That weekend we headed off to Warrnambool for our first big race 'the Vic Country series' and it was a very big eye opener with 300 karts entered. Ever since then we have been away most weeks either racing or just practicing. In February 2021 we got new karts which we had no idea about, Dad surprised us again, we absolutely love them.



After school I'll be staying around Ararat and doing my Apprenticeship as a Diesel mechanic and when I'm fully qualified I am wanting to do 'FIFO' in the mines for a few years.

I would like to thank Mum and Dad for all they have done for me and the opportunities, Grace for being the best sister and my best friend. Everyone at Marian but mostly Mrs Smith who has been an awesome VCAL mentor and has helped me a lot with my future.



Good luck to all the Year 12s. I hope they have a bright future and follow their dreams. Ella xx



Marian College Ararat



A Kildare Ministries school in the Brigidine Tradition

Marian College is seeking applications from suitably experienced persons for the following three positions:

Technology Teacher

Ability to teach VCE VET Automotive is an advantage

(Full Time)

Daily Organiser/Teacher

Teacher to organise staff allocations & replacements on a daily basis along with the ability to teach a combination of Religion, Humanities, Music or English

Drama/ Head of Production

A dynamic and passionate teacher of Drama and coordinator of the college production

Full time/Part time (negotiable)

Commencing 2022

The successful applicant will have an understanding of Catholic education and the safety and wellbeing of children.

Application information including position description is available on the Marian College Ararat website.

Applications close at 4.00pm on
Tuesday, 21st September

Email to the Principal - principal@mcararat.catholic.edu.au

The Principal
Marian College,
P O BOX 314, ARARAT, 3377
Enquiries: 03 53523861

www.mcararat.catholic.edu.au

Employment under the *Victorian Catholic Education
Multi Enterprise Agreement 2018.*

Marian College is an Equal Opportunity Employer.



Marian College Ararat



A Kildare Ministries school in the Brigidine Tradition

Applications are invited from suitably experienced persons for the position of

Head of Science

(Full Time, Ongoing, Commencing Term 1, 2022)

Located at the gateway to the beautiful Grampians region, Marian College Ararat is seeking a dynamic and passionate teacher of Science and Mathematics to head the Science Faculty.

Application information including position description is available on the Marian College website.

Applications close at 4.00pm on
Friday, 1st October 2021

Email to the Principal - principal@mcararat.catholic.edu.au

The Principal
Marian College,
P O BOX 314, ARARAT, 3377
Enquiries: 03 53523861

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FROM YOUR HOUSE LEADER

Hello everyone,

Welcome to another edition of the Synnott Newsletter.

As we continue online learning we need to ensure that we try and keep a positive mindset and continue to approach our learning with enthusiasm. Our students have done a wonderful job so far.

Being a Year 12 teacher, I can understand that this has become fairly frustrating for them being on and off site for the last few months. You can only do your best and make sure that if you need help to engage with your teachers. This also goes for the rest of the student cohort as well.

Our annual Fred Hyde day was a huge success and well done to all Synnott students involved in the planning and participation throughout the day.

I'd like to thank all the parents/guardians who are helping our students with their schoolwork at home. Everyone is working as a team to ensure this is as smooth as possible for all of our students.

Only a short article this time around as it is much easier to write about school experiences when we have been at school.

Thanks all.

Nick Lloyd

Synnott House Leader.



Multicultural Cooking and Survival Cooking

During their first week of lockdown the students doing Multicultural Cooking were asked to visit Greece and find a recipe to make at home. I'm often impressed with their choices considering they are only in Year 9.

The Year 10 Survival Cooking class were given the task of making a rice/pasta or potato based recipe using only 6 ingredients. They were asked to include a protein, vegetables and dairy. They were given an open pantry for herbs and spices. The concept of this subject is to prepare good wholesome food on a low budget.

Mrs Spalding



Greek Chicken Gyros - Lani Coburn



Greek Lamb Souvlaki - Vince Cusumano



Greek Mousakka and Pezedes -
Zoe Buckingham



Croatian Punjena Paprikaš -
Vince Cusumano

Butter Chicken Pasta

Abbey Dodson

Carbohydrate: Pasta

Ingredients:

Garlic

Onion

Jar butter chicken sauce

Cream

Parmesan cheese

leftover shredded chicken



Pasta Dish

Ruby Preston

Ingredients:

Bonus ingredients (plus pasta)

- 350g of rigatoni pasta
- Olive oil
- Salt and pepper
- Garlic salt

6 ingredients include:

- 1 packet of chopped chicken pieces
- 1 brown onion
- ½ can of corn
- 250g Mediterranean Veggies (from deli)
- 400g chopped tomatoes
- Mozzarella cheese

Method:

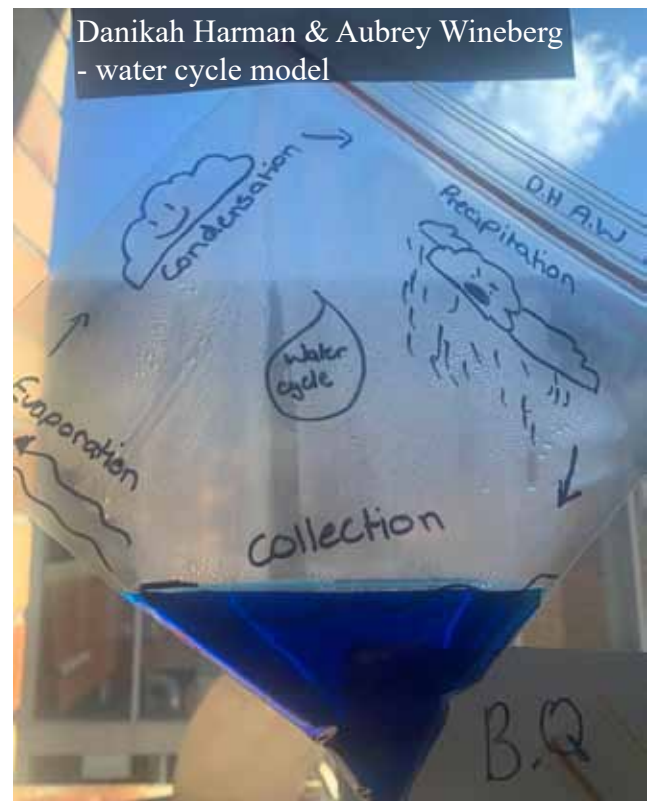
1. Fry off the onion, in a lightly oiled pan. Then add chicken pieces and continue to cook.
2. In a separate large saucepan, boil water and cook pasta until al dente.
3. Add Mediterranean veggies and chopped tomatoes to the pan and season with salt, pepper and garlic salt.
4. Once pasta is cooked add to the pan.
5. Serve the pasta into individual bowls, and sprinkle with mozzarella cheese. Enjoy!



Year 7 Science and Food Happenings

Year 7 Science

This semester the Year 7 students have been studying the unit 'Separating Mixtures'. It began at school with lots of hands on activities such as the Water Cycle Model, but obviously lockdown #6&7 put a stop to this. The students have been fantastic and keen to continue their learning at home and some of them organised their own materials to conduct an investigation. This week the classes looked at suspensions, colloids and emulsifiers. Students were asked to add various solids and liquids to a mixture of oil and vinegar and record their results after various times. Tyhlar Nathan and Darcy Moloney sent through some terrific photos of their results.



Year 7 Home Economics

Mark Beechinor sent through some photos of his grandmother's fruitcake recipe that he baked last week. So nice to see our students connecting with traditions and family favourites.



Technology Staff

In last week's Technology meeting with staff I shared a link for simmer pots. I thought with the start of Spring and the abundance of citrus and herbs at the moment, what a wonderful thing to do and have sitting on the stove top. Not only are they all natural, but they spread beautiful smells and vibes throughout the house while we're all in lockdown. Barb Venn and Rhonda North shared images of their simmer pots that they put together last week whilst working from home. Find the link below if you're interested.

[Spring and Summer Simmer Pots](https://acultivatednest.com/diy-simmer-pot-recipes-for-spring-and-summer/)

<https://acultivatednest.com/diy-simmer-pot-recipes-for-spring-and-summer/>



Year 10 My Kitchen Hamper

Just prior to lockdown the Year 10 class had a lesson on preservations and made their own lemon and mandarin curd, lemon and lime curd or ruby red jam. I was sent some photos last week of the preservations being put to good use at home. Eliza Wigg made cute little lemon and lime tarts with shortcrust pastry sheets and Greta Pinniger made cute little lemon and mandarin meringue pies. It was terrific to see that their efforts in the classroom were bringing some joy at home.



Greta Pinniger -
lemon & mandarin meringue pies



Eliza Wigg - lemon & lime tarts

Year 11 Food Studies

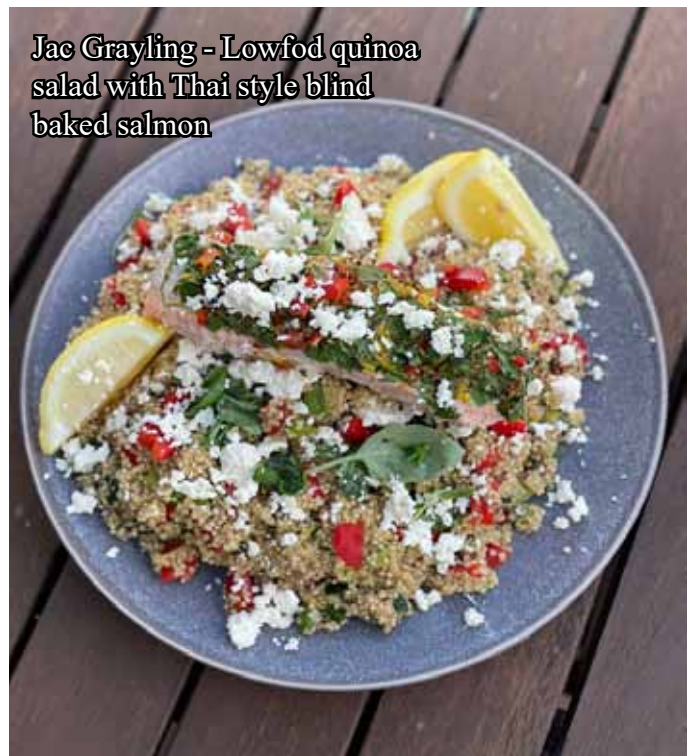
The Year 11 Food Studies class are currently trying hard to complete their mini Food Diaries. The diaries contain productions that must include local, on trend and/or new ingredients, as well as research. Local ingredients that the students have been sourcing and working with are homegrown produce from their own gardens; Little Red Wagon and Greens eggs; Mount Zero olives and salt; Pyrenees Butchers cuts; Inglenook butter, milk, cream and greek yoghurt; Burrum Biodynamics oats/ spelt/legumes; Grampians Olive Co oil and honey; The Cottage Flower Farm; Great Western Granary loaves; Wilde's Lane and Mr Baker's homegrown garlic; Dad's oats - just to name a few. It has been wonderful to support local businesses and growers and this has also made the students much more aware of what is available around them in our wonderful region. It also tastes so much better!!!



Louise Cooper - grazing board

I would like to thank the many students for continuing to stay motivated and on task throughout this difficult time. Keep sending images of your work through to your teachers, as it keeps us motivated too. I would also like to thank the wonderful support they are getting at home. I know as parents/guardians it can sometimes be frustrating when your child asks to organise/buy ingredients or materials at the last minute!!!

Thanks
Megan Shea
Head of Technology



Jac Grayling - Lowfod quinoa salad with Thai style blind baked salmon



Noah Wineberg - Korean fried chicken and waffles



Zoe McKinnis - checkered chicken & bao buns



Rennie Conteh - mini cheesecakes



Zoe McKinnis - avocado toast with poached eggs & crispy prosciutto

YEAR 9 HUMANITIES

This term in Humanities Year 9 students have been studying WWI and the impact it had on Australia. Miss Richards organised for a guest speaker to chat to her class, and Jaylen Stephens (9C) explained their experience:

"On Thursday the 26th of August 9C had the amazing opportunity to listen to David Lassam, a former Navy Medical Administration Officer. He first joined the Navy as a Seaman Medic.

David talked about how he went to sea very early before he had even served two years. He shared some of the highlights of his career, such as saving 99 Vietnamese refugees who were escaping Vietnam after the war. He changed over to the Officer Corp in 1988 and became a Medical Administration Officer.

The topic of mental health and mental struggles experienced by those who have fought for Australia was also discussed. It was interesting to hear the changes for conscription and public opinion about the Australian Defence Force from previous wars compared to now."

- Jaylen Stephens 9C





WEEKLY CAREER NEWS

EVENTS, NEWS, UPDATES
AND RESOURCES

Tuesday 1 September 2021

Skills Road

Soft Skills Super Star series!

The following information has been taken from the amazing Skills Road website.

Did you know that soft skill-intensive occupations will account for two-thirds of all jobs by 2030?

When it comes to planning or starting your career, it's normal to think "where do I even begin and what really matters?" There's a lot to learn and wrap your head around.

In light of National Skills Week, we're bringing you all the tips about soft skills you need to pay attention to, gearing you to become a pro! Soft skills will help you thrive in any industry, at any point in your career.

Check out our Soft Skills Super Star series to build those skills and succeed in any workplace!

Soft skills videos

What are soft skills and why are they important?
Top 5 soft skills for the workplace
How to improve your soft skills
Soft skills you will need in the future

Soft skills blogs

There is heaps of information to unpack and lots of amazing advice!

Website - <https://bit.ly/3gO2rnE>



Early admission programs

Upcoming September closing dates include:

RMIT University

Early Offer Program
Applications close 5 September
<https://bit.ly/3etwSy3>

Swinburne University

Early Entry Program
Applications close 6 September
<https://bit.ly/3rhRdfo>

Southern Cross University

STAR Early Offer
Applications close 10 September
www.scu.edu.au/star-early-offer

University of Technology Sydney

Early Entry program
Applications close 12 September
<https://bit.ly/3k3VHmj>

La Trobe University

Aspire Early Admissions Program
Applications close 17 September
www.latrobe.edu.au/study/aspire

Schools Recommendation Schemes

Covers 12 institutes in NSW and Canberra
Applications close 19 September
<https://bit.ly/34Xldkl>

Australian Catholic University

ACU Guarantee
Applications close 24 September
<https://bit.ly/38PiLiA>

University – Regional Access Schemes

Some universities offer access schemes for regional students for specific courses. The following are two examples:

Deakin University

Regional and Remote Entry Scheme

Regional students can choose to apply for the Regional and Remote Entry Scheme for the following courses:

Bachelor of Exercise and Sport Science (including selected combined degrees)
Bachelor of Medical Imaging
Bachelor of Vision Science/Master of Optometry

Students are to list the course in their VTAC preferences with the regional entry tag.

<https://bit.ly/3cWnKzu>

La Trobe University

Regional Specific VTAC courses: regional students can choose to apply for the Regional Entry scheme for the following courses:

Bachelor of Physiotherapy (Honours)
Bachelor of Oral Health
Bachelor of Nursing/Bachelor of Midwifery
Bachelor of Dental Science

Students are to list the course in their VTAC preferences with the regional entry tag.

Start your own business!

Project Z have released a new e-book for young people called Launchpad. It's for young entrepreneurs who would like to start their own business now or in the future. For information visit <https://bit.ly/2YUIZxy>

Open days



Open Days provide an amazing opportunity to research courses, hear from lecturers and experts, get inspired about the possibilities for your future and ask questions about pathways, student services, accommodation and scholarships.

If you have an occupation in mind such as accounting, social work or zoology, it can be difficult to understand exactly what a course in this area entails.

What will you study?

Which university offers the best course for me?

What subjects will I study?

What graduate jobs can I explore?

What related occupations could I consider?

What back up courses should I consider if I don't achieve the required ATAR?

Will I complete industry experience?

If you don't have any courses or occupations in mind, participating in webinars focussed on general interest areas you have (e.g., social justice, animals, mathematics, creative arts, IT) can assist you in identifying courses that may interest you.

For example, if you love mathematics, you may explore courses in engineering, surveying, data science, actuarial science, cyber security, or a general Bachelor degree with a major in mathematics.

Missed open days? No worries!

Most universities have either recorded the webinars from their open day events and have made them available 'on demand' or have uploaded information videos to their open day websites.

You can watch recorded webinars on courses, pathways, scholarships, accommodation, early entry programs, student services, and clubs and societies. You may need to register your details to access the videos on demand.



The following are examples:

La Trobe University
www.latrobe.edu.au/openday

Monash University
www.monash.edu/open-day

Deakin University
<https://openday.deakin.edu.au/>

Federation University
<https://event.federation.edu.au/live>

Charles Sturt University
<https://study.csu.edu.au/life/events/open-day>

The University of Melbourne
<https://bit.ly/2WDm3Dy>

Victoria University
<https://openday.vu.edu.au/>

RMIT University
www.rmit.edu.au/openday

Australian Catholic University
<https://openday.acu.edu.au/>

Torrens University
<https://bit.ly/3k3oDbc>



Upcoming events

Federation University

Folio workshop

Federation University Arts Academy and the Art Gallery of Ballarat invite students to a full day folio development workshop in Ballarat.

Date: Wednesday 22 September
RSVP: <https://bit.ly/38wll7a>

Medicine and Dentistry

Free information webinar

National Institute of Education is running a webinar for students interested in applying for medicine and/or dentistry in the future. The webinar will cover a large range of topics and is suited to Year 10 – 12 students and families.

Date: 8 September, 7.00pm – 9.00pm
RSVP: <https://bit.ly/3mOQa6i>

Upcoming events



The Hotel School Melbourne

Virtual information sessions

The Hotel School offers courses in hotel management and tourism management. The School is running virtual information sessions for prospective students until late September. Register via <https://bit.ly/3gdWq39>

Industry insights day

Students will go behind the scenes of a luxury hotel in Melbourne and learn about hotel management careers, 12 September, <https://bit.ly/3jiWtPBp>

Monash University

Get ready to apply expo

Students applying for courses in Victoria can participate in this virtual event to get assistance with their VTAC application. 1 September, 4 – 7pm, www.monash.edu/open-day

Monash Fine Art, Design & Architecture Experience Day

This on-campus event is for students interested in studying Fine Art, Curating, Design or Architecture. Students will participate in hands-on workshops and learn about Monash courses. 11 September, 10.30am – 12.30pm, <https://bit.ly/3z1BFzk>

Swinburne University Open Nights

Swinburne is running online information sessions on Wednesday 1 – Thursday 2 September for prospective students interested in the following courses such: nursing, psychology, health, aviation, business and law.

Information: www.swinburne.edu.au/events

Photography Studies College

Lights, Camera, Action! Workshop

Students are invited to participate in an on-campus photography workshop. Dates are:

Monday 20 September
Friday 1 October

Information: <https://bit.ly/3jv8peG>

Compare university courses and institutions

The Good Universities Guide ratings for 2022

The Guide

These rankings explore university characteristics, student experience and graduate outcomes. Check them out on The Good Universities Guide website - filter by state, study level and subject area, www.gooduniversitiesguide.com.au

The blogs

Be sure to check out the blog for a round-up of the top universities for postgrad and undergrad study, <https://bit.ly/3kzjVoO>

Apprenticeships



4 steps to finding an apprenticeship or traineeship

Australian Apprenticeships Pathways has developed a fantastic 4-step process for students to follow when seeking an apprenticeship or traineeship, <http://bit.ly/39yUYmQ>

Australian Apprenticeships Pathways (AAP)

This website contains fantastic resources for young people interested in pursuing a professional trade or traineeship. Some of the resources include:

- Job and training descriptions
- Career interest explorer
- Job pathway charts
- Information on apprenticeships and school-based apprenticeships
- Literacy and numeracy quizzes for different industries such as carpentry, plumbing, electrical, and hairdressing.

To explore the website, go to <http://bit.ly/3aUtxnC>

Australian Apprenticeships and Traineeships Information Service:

Join this Facebook page to read about the stories and achievements of young Australians who have found career success through their traineeship or apprenticeship- <https://bit.ly/2HfAmFB>

Year 12 Tertiary Dates: September – October

September

30	University applications Timely Tertiary Admission Centre applications close for undergraduate courses. Victoria, www.vtac.edu.au NSW and Canberra, www.uac.edu.au Applicants can continue to change their preferences for most courses until December Early Entry – applications close for the following programs
5	RMIT Early Offer Program
6	Swinburne University – Early Entry
10	Southern Cross University – STAR
17	La Trobe Aspire Early Admissions Program University of New England – Early Entry
19	Schools Recommendation Scheme (multiple NSW & Canberra institutes)
24	Australian Catholic University - ACU Guarantee
30	Deakin University – Regional Access Scheme

October

8	Early/guaranteed entry applications close for Victoria University – VU Guaranteed University of Melbourne – Access Melbourne RMIT University - SNAP Monash University – Monash Guarantee
8	VTAC Applications close for Special Entry Access Schemes (SEAS) and Scholarships



September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
13	14	15	16	17 END OF TERM 3 EARLY DISMISSAL 2.15 pm

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4 STUDENTS COMMENCE TERM 4	5 GENERAL ACHIEVEMENT TEST (GAT) CANTEEN CLOSED	6	7	8
11	12	13	14	15