

Marian College A Kildare Education Ministries School in the Brigidine tradition

304 Barkly Street, ARARAT VIC 3377 Phone (03) 5352 3861



Email: principal@mcararat.catholic.edu.au Web: www.mcararat.catholic.edu.au

Issue 25 30th August, 2021

Principal: Mrs. Carmel Barker



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MARIAN'S GOT TALENT

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RESPIRATORY SYSTEM - pages 10 - 11







Dear Parents, Carers, Friends and Students of Marian College,

We encourage excellence and perseverance in learning,

✤ We strive for continuous improvement

God of the good news that spreads faster than fear, God of the courage that comes from the heart: Be with us as anxieties rise and with us as uncertainty grows. Be with us when children ask difficult questions, And with us when parents seem farther away. Remind us that to be a community does not always mean to be physically present beside those we know well. It also can mean being spiritually present with those who feel very alone; and that you as our God, the God made flesh, are also the God who calls us from the tumult and tells us to be still and know that you are God with us.

Amen

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We've got this! As we complete the first week of remote learning in this round, I am so pleased to see the number of students working hard to engage in the learning, often in very creative ways. Well done to everyone who is working well. The latest advice from the Premier yesterday is that remote learning will continue beyond midnight Thursday. Further details about the possible extension period will be provided by the Premier later in the week. However, in the latest updates approval has been granted for VCE students to complete School Assessed Coursework (SACs) onsite under strict conditions. A letter will be forwarded detailing arrangements for Week 9.

With each lockdown period, there are a small number of students who appear to be disengaged for one reason or another. If we have not received formal notice from parents about any absenteeism or nonsubmission of work, teachers will make direct contact with families to ensure parents know of our concerns, and to offer support. Please know that teachers are working very hard to connect with all students and support their individual needs and Please communicate circumstances. any concerns your child may be experiencing with your child's Teacher Advisor or the College Office.

Remaining Positive

It is a challenging time for all that will most likely last for some months before we receive greater certainty around avoiding lockdowns. In the interim, students need to understand that they can do this. Remaining positive and focusing on the things that we can control at this time, helps. The school timetable provides a daily routine and structures to ensure students remain connected with their teachers for support and feedback. It is important that exercise and wellbeing activities are included each day when the usual face-toface connections with friends are not possible at this time.

Resources and Support for Parents

Melbourne University is staging a webinar on Tuesday 31st August at 8.00pm on the topic of **Tips to help** families cope during lockdowns. 'During this discussion, our panel of health and wellbeing experts along with community members, will provide insights and tips on how families can work together to manage through lockdowns including the role parents can play, maintaining hope, tips to improve motivation for young people and more...The discussion will go for 40 minutes followed by questions from the audience. Submit questions via Q&A on the day.' (Melbourne University). Please register for this session via the link: https:// unimelb.zoom.us/webinar/register/ WN --RMj7IMTvyhZYIFCk0UiQ

The second resource from Melbourne University is a recent YouTube presentation on: **Pre-teens and screens-encouraging healthy relationships with technology.** This presentation is more appropriate

This presentation is more appropriate for younger students or those who

struggle to maintain good use of technology. <u>https://unimelb.zoom.us/webinar/</u> <u>register/WN_--RMj7IMTvyhZYIFCk0UiQ</u>

Elevate Education is another excellent resource for parents, students and teachers. On the 1st September at 7.00pm Elevate is hosting an Exam Homestretch webinar. This is designed for parents to help their child structure their final week before exams, stay on track, and avoid cramming or stressing the night before. This would be best suited to parents of Year 11 and Year 12 students. For further details please see - <u>https://get.elevatecoaching.info/</u> au/register

Mariancollegeararat Instagram

Congratulations goes to our Year 12 student leaders for the development of the Instagram page and regular posts to keep community spirits high during this time. Please see the many inspirational posts from students to support our community through lockdown. Well done to our impressive leaders once again!

Marian Wellbeing Hub

Don't forget to access the College's Wellbeing Hub via our website for further resources, videos, tips, yoga, exercise and relaxation sessions.

Counselling and Wellbeing Support

Please know that our school counsellor is available to support students. Students should email Debra Wilson or Stephanie Saravanja (Head of Wellbeing) if they require support. They can also register a Wellbeing request on SIMON. Deb's email is <u>dwilson@mcararat.catholic.edu.au</u>.

Vaccinations

I understand that as discussions continue around COVID-19 vaccinations, many families may have questions. All COVID vaccinations are free and voluntary. At this stage, the government is encouraging students (especially students in VCE) to book vaccination appointments as soon as possible to protect the exam process. I understand that bookings are strong. We will keep you informed as updates occur regarding return to school.

Fred Hyde Day

We were so fortunate to be able to hold our Fred Hyde Day this year just before lockdown. This was a wonderful day for the students and staff, especially at this difficult time. Over the day students raised just under \$5,200 towards our kindergarten in Bangladesh. For a country without social security, job keeper or job seeker, this money will be a tremendous support for teachers to continue to provide education. Well done to all students involved, but especially to our Year 12 cohort and the brave students who performed at Marian's Got Talent. Thank you for stepping outside your comfort zone for others.

'Imagining a Future for Marian College'

Last term we engaged a master planner to begin very early discussions about 'Imagining a Future for Marian College'. At this stage the architects have conducted an audit of our current facilities as they align to our educational needs now and into the future. Some of the questions we have posed are: What are the things that are critical to who we are and what we stand for as a Kildare Ministries school in the Brigidine tradition? What are the skills, values and personal traits that students will need into the future? What does the research support about best practice for improved student outcomes? What are the resources that will best support our journey forward? How can we provide contemporary real-life experiences while maintaining what we value most?

Through this process I would like to invite all parents to be a part of this reflection and planning process. What are the areas that are working well, and the things we should consider or review? Are we clear in our communications? Are we meeting the needs of your child? Over the next couple of weeks I will create and send out a google survey for your consideration. Many thanks in anticipation.

Fathers' Day

Happy Father's Day to all our dads in the Marian community. Have a great day on Sunday.

Thank you for your ongoing support.

Carmel



The staff students and friends of Marian College hold the Hitchcock family in our prayers on the sad passing of Emma, mother of Lily, Arabelle and Nellie.

"A Mother is with us always, first in her lifetime, then forever in our memory"



To enter the competition or find out more email Mrs Venn : bvenn@mcararat.catholic.edu.au

IN MY WORDS



with Kiara Madex

I was born on a hot morning in mid January, 2004. My parents Mouse and Lisa Madex welcomed their second daughter out of the future four they would have. I'm the only curly haired girl from the Madex family getting my curly hair from my Dad and his iconic afro. My early life was easy and full of adventure spending some of my favorite memories out exploring Mount Langi Ghiran, wood cutting with my Dad and fox drives with the Maroona Fox Shooting Club. I originally lived in Ararat but then moved up on the Gold Coast, Queensland for about a year or two until my next sister came along. Then we moved back to Ararat. In 2008 the last of my siblings arrived, adding to Mum and Dad's three other daughters. My parents had their hands full, but playing and beating up my sisters was a great pastime for my siblings and I. We then bought a property out between the mountains at the base of Mount Cole. The beautiful view of Mount Langi Ghiran to the west and Mount Cole to the east.

I started high school in 2016, with a broken arm from falling off my horse, but it didn't stop me from surfing the waves at Year 7 camp. In 2017 during the middle of Year 8 I had a freak accident, falling off my galloping horse to land on a cement pole. This resulted in me living at Royal Children's Hospital for a couple weeks with a pneumothorax (collapsed lung), a tube in my chest and several broken ribs.

My siblings and I are horsey girls even though it is evident that I have trouble staying on a horse. We own four horses, Stormy, Bee, Joey and EJ. We also have several dogs that we take hunting and on runs; the Wolfhounds, Banjo and Misty; the whippets, Jindi and Dash; and the Patterdales, Fizz, Cisco and Bonkers. I didn't have a lot of friends when I started school here but being placed into TA is where I found one of my best friends. We were both the most awkward people ever but we became inseparable. Which brings me to the next part, just name dropping a couple of my friends April Marshall, Emma McCready, Claire Bowden, Mekaylah Kuchel and the boys Max Willmott, Jai Ralph, Charlie Walker-Sutton and Jonah Watts. I'm so glad that I have this group of friends and that they are here going through the struggles of Year 12 alongside me.

And to end this I just want to say that I hope that every one of my peers in Year 12 go on to achieve what they desire and live happy lives. Good luck for the rest of the year and for the future!













IN MY WORDS with Mekaylah Kuchel

On the 29th of October 2003 in the Clare hospital, SA, I was born. Being the first child to my parents, Kerry and Robin, along with being the first grandchild in the family, I suppose everyone was quite excited when I did come along.

I remained an only child for a few years, until my brother, Jack came along; I remember being so excited when he came, in fact, my earliest memory is with my Nan, on the morning after he arrived. After another few years, our little sister Bonnie arrived. Over the years, us three ratbags have made some pretty good memories (especially when it comes to stirring up our parents).

In 2008, I began kindergarten at Saddleworth Early Learning Centre in South Australia. After finishing kindy, my family and I moved here to Victoria where I began school as a little prep at Great Western Primary School. I stayed there until the end of Grade 3, when I transitioned to St. Patricks in Stawell. Although I had some pretty tough times during my primary school years, looking back now, at both of these schools, I made some pretty amazing memories, having some pretty great times. Throughout my whole life, my parents have been my biggest influences, teaching and guiding me through everything, but most of all, supporting me through all of my decisions. I look up to them for different reasons; both of my parents are creative, sharing my same love of art and photography while also being driven and ambitious people. My parents have always let us (as a family) have dogs, which has been amazing. It's always nice when you go outside to have your buddy excited to see you again.

I started high school here at Marian College in 2016 as a small-ish Year 7 and although I do not remember my first day here, I do remember the camp we went on not long after we started. It seemed scary at first; having to go on a camp and do activities with people you don't even know yet, but this camp was the best thing. I met some great people who would make school so much better, being so happy to see them every day. It was in Year 8 that I met two of my best friends, Claire and Emma. Over the next few years I met some more amazing people, who I have become really good friends with, creating some pretty crazy and great memories with.

Over the course of my life, I have had a go at many different sports, including netball, basketball, the occasional surfing, water polo and swimming (obviously). However, as I got older and time management became a more prominent factor in my life, I dropped all of the other sports, other than swimming which I still train for today. Training sessions are much more enjoyable with my Dad as our coach, racing my siblings [and Claire... when she can keep up :)]. Although my only sport is swimming, my Dad, brother and I love to do hikes in the Grampians, but not the ones where you go to take a stroll, I mean the ones where you are almost hiking vertical tracks. The best hikes are always the ones when my Mum and sister join us too.

Year 12 has been one of the toughest, but best years of my life, all thanks to my parents and the amazing friends I have made along the way, as well as some of the amazing teachers here at Marian College. I have no idea what I want to do with my life in terms of careers etc. at this point in time. I am not wanting to waste my life on something that I will not find worthwhile and be able to look back and be proud of. However, I know that I want to travel, anywhere and everywhere; as this has been something that I have known that I wanted to do for as long as I can remember, going on crazy adventures and seeing the world.

Congratulations to all of the students for pushing through such uncertain and difficult times, keep at it. You're all doing great!



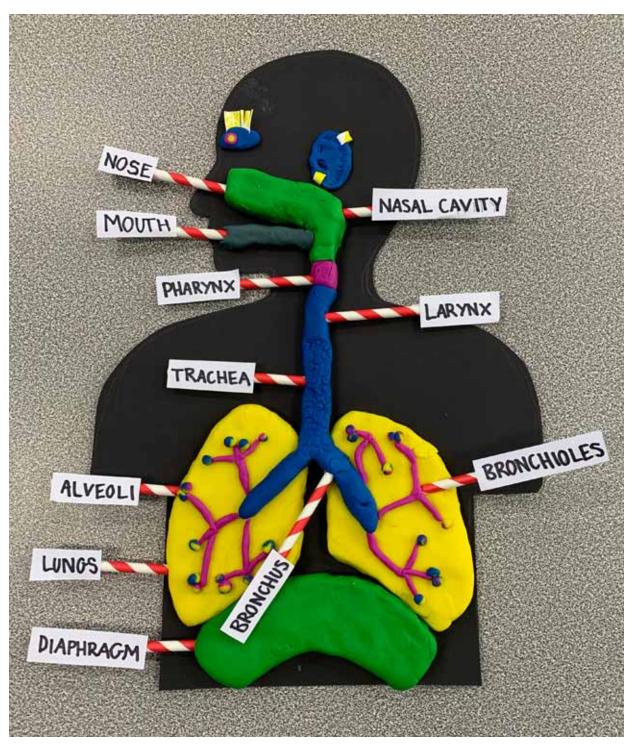
Stay happy, stay safe everyone.

Year 11 Physical Education Respiratory System

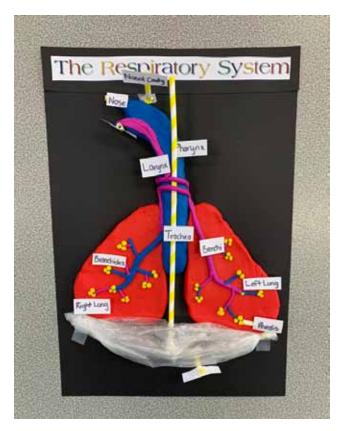
In Year 11 PE the students have been learning about the Respiratory System. They spent one of their recent double lessons creating a labelled model of the system in order to enhance their understanding of the different parts that make up the respiratory system.

The students were really engaged and enjoyed completing this practical task. It even became a little competitive.

Miss Gibson

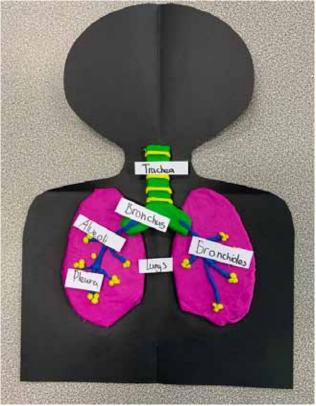


Year 11 Physical Education Respiratory System









marian's got talent

























FROM YOUR HOUSE LEADER

Well here I am again writing another Kelly House write up in lockdown. Ona really strange concept working from home. I'm not a big fan of it, however I am so pleased we have kept our community safe.

The day lockdown was called for the 7th time, we had just finished announcing all the raffle winners for our Fred Hyde fundraiser. The timing was perfect because our 2021 Year 12s actually got to plan and run the annual charity day unlike our 2020 Year 12s. With the support of Mrs. Hogan and fellow Year 12 teachers, the students have been planning this day for weeks. How fortunate they were to fulfill their commitment to raising funds in order to support our kindergarten in Bangladesh.

It's a great day because you see the good in so many. Not only is it the organisation of the Year 12s but also those in the community who donate goods, students who nominate to perform in Marian>s Got Talent and the school community who contribute to the fundraising total.

For most of the day I was in the Home Economics working with a team of very professional caterers led by Tayla Pevitt (churros and hot chocolate), Ella Stirling and Hayley Griffin (roast pork and chicken rolls) and many others who came in and out to assist.

Tayla (Kelly House girl) was well supported by Matilda, Emily Manning, Emma Preston, Miss Gibson and Angel. Honestly these girls could run a cafe. They worked solidly for over 4 hours cooking the BEST churros I have had for a long time.

After the fryers were turned off we made our way out to watch Marian>s Got Talent. Apparently I missed a few special acts including a very quiet unassuming young girl in Year 7 called Maiara. From all accounts she blew everyone away with her BIG voice. As the saying goes Maiara 'Good things come in small packages'. Hopefully this won't be the last time you will be performing for MC. Even though some were missed I was lucky enough to witness two of our talented Kelly musical students. Firstly, I listened to Asher Dunks (Year 8) sing like a bird. Her big brother Elijah (Year 9) did a bit of jamming for us. But what really stole my heart was their parents Sam and Chris proudly watching through the side fence. As a family, life has been a little tough this year with the loss of Sam>s sister so it>s moments like these you hold onto. I would imagine they were bursting with pride. And then to top it off Asher was awarded first place. Perhaps next year Elijah and Asher could do a duet. Now that would be special.

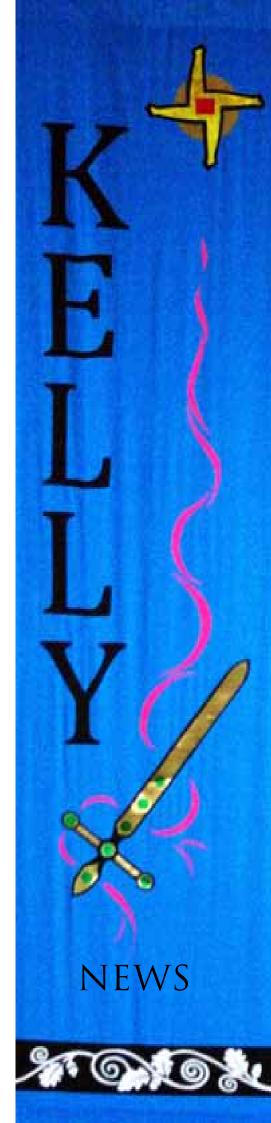
Perhaps it will be a few more weeks before we see each other again. I certainly miss you all.

To those of you who are doing a 3 & 4 subject please make the most of this time to finish off your work and start preparing for exams. Don't forget to contact your teachers if you require support. That's our job, though some students tell me they feel like they are imposing on their teachers' time. I know some teachers sit in front of their laptop waiting to assist. Please utilize your teachers.

Look after yourself. If you are out walking be aware that the magpies are swooping. Spring has sprung.

Donna Spalding

Kelly House Leader





WEEKLY CAREER NEWS

EVENTS, NEWS, UPATES AND RESOURCES

Tuesday 24 August 2021

Open days

Several universities have recently held virtual open days. You can watch recorded webinars on scholarships, accommodation, early entry, student services, courses, clubs and societies, and entry pathways.

If you are considering studying at university in the future it's essential you watch webinars that interest you. The following are examples:

La Trobe University, www.latrobe.edu.au/openday

Monash University www.monash.edu/open-day

Deakin University https://openday.deakin.edu.au/

Federation University https://bit.ly/31bhBul

Charles Sturt University https://study.csu.edu.au/life/events/open-day

Torrens University https://bit.ly/3k3oDbc

The University of Melbourne https://study.unimelb.edu.au/openday

Victoria University https://openday.vu.edu.au/

Upcoming open days

Swinburne University Open Nights 30 August – 2 September www.swinburne.edu.au/events

Early admission programs

Upcoming closing dates include:

RMIT University

Early Offer Program Applications close 30 August https://bit.ly/3etwSy3

Swinburne University

Early Entry Program Applications close 31 August https://bit.ly/3rhRdfo

Charles Sturt University

Charles Sturt Advantage Applications close 31 August (Round 2) https://bit.ly/2UmOlgT

Southern Cross University

STAR Early Offer Applications close 10 September www.scu.edu.au/star-early-offer

University of Technology Sydney

Early Entry program Applications close 12 September https://bit.ly/3k3VHmj



Upcoming events



The Hotel School Melbourne

Virtual information sessions

The Hotel School offers courses in hotel management and tourism management. The School is running virtual information sessions for prospective students starting on 25 August. Register via https://bit.ly/3gdWq39

Industry insights day

Students will go behind the scenes of a luxury hotel in Melbourne and learn about hotel management careers, 12 September, https://bit.ly/3iWtPBp

Monash University

Get ready to apply expo

Students applying for courses in Victoria can participate in this virtual event to get assistance with their VTAC application. 1 September, 4 – 7pm, www.monash.edu/open-day

Monash Fine Art, Design & Architecture Experience Day

This on-campus event is for students interested in studying Fine Art, Curating, Design or Architecture. Students will participate in hands-on workshops and learn about Monash courses. 11 September, 10.30am – 12.30pm, https://bit.ly/3z1BFzk

Interested in engineering?

The following are examples of amazing engineering programs

Charles Sturt University

Charles Sturt University (CSU) offers an innovative civil and structural engineering program like no other in Australia or the world.

Forget studying semester-long subjects, taking exams, or listening to long lectures. Through the CSU 'Topic Tree' model, students study bite-sized content, and skills and knowledge on demand.

The engineering program is offered at the Bathurst campus (NSW) and students complete four-years of paid work placement and graduate with a Bachelor and Master level qualification, www.csu.edu.au/engineering

Swinburne University

Swinburne offers the Bachelor of Engineering (Honours) (Professional) degree. This amazing program guarantees 12-months of paid industry experience. Whilst most engineering degrees offer 12-weeks of non-paid industry placement, this degree is an attractive alternative and will increase graduate employment prospects in a competitive market, http://bit.ly/2WelVZ6

Victoria University

Victoria University offers engineering degrees in Civil, Architectural, Mechanical and Electrical & Electronic. They have a unique learning and teaching model called the 'VU Block Model' and are the first Australian university to offer this. Students study their subjects consecutively (one at a time) instead of concurrently (like you do in the VCE), http://bit.ly/390xOjo

UNSW

UNSW offers the amazing co-op program. Recipients are awarded a large scholarship (around \$20,000 per annum) and complete industry placements, leadership training, networking, and professional development. The program is highly competitive and applications close 30 September, www.coop.unsw.edu.au

Students applying for nursing/midwifery courses

Year 12 students applying for nursing or midwifery should be mindful of the following entry requirements:

VTAC

Applicants applying for nursing or midwifery courses via the Victorian Tertiary Admission Centre (VTAC)will need to complete the 'Nursing and Midwifery Declaration Form' within their VTAC account.

Victoria University

Bachelor of Nursing applicants will need to register for and sit the CASPer test. Note – applicants who are also applying for Initial Teacher Education courseswill need to pay and sit for two separate CASPer tests,https://takealtus.com/casper/

UAC

Applicants applying for nursing or midwifery courses via the Universities Admissions Centre (UAC)will need to complete an 'English Proficiency Declaration' within their UAC account.



Careers in Construction

Scholarships available from the Master Builders Victoria Foundation

If you're thinking of undertaking a preapprenticeship, apprenticeship or other construction-related training, there are scholarships available to provide financial assistance.

The Early Career Scholarship is valued at \$2,200 and funds are split into two:

\$1,200 towards approved course fees \$1,000 towards quality tools relevant to your Trade

For more information visit https://bit.ly/3Dc1hfl

Interested in studying human behaviour?

Would you like to become a psychologist?



You will need to start your education by studying a Bachelor degree with an Australian Psychology Accreditation Council (APAC) approved major in psychology. Not all psychology majors are approved by APAC, so you will need to contact the institution you would like to study at to double check. For more information, go towww.psychologycouncil.org.au

Careers in Psychology: Deakin University has developed an excellent website showcasing different careers in Psychology. Go tohttps://psychologycareers.org.au/

Australian Catholic University

Free HSC and VCE revision lectures Australian Catholic University is running a series of free HSC and VCE revision lectures. You can access dates and register for sessions at this link - https://bit.ly/3irvVGc

Excel in a career in Global Studies and International Development

Make an impact on the world stage with a career in international development or global studies. Our students gain a greater understanding of complex international issues, the impacts of globalisation, and a changing society through the lens of an informed global perspective.

Since graduating from ACU, Bachelor of Arts and Bachelor of Global Studies graduate Catherine Middleton has seen firsthand how strong communities can build strong children in Myanmar, https://bit.ly/3afEdhv

Search Global Studies and International Development courses at www.acu.edu.au





Combine training with

on the job experience and get paid to learn

APPRENTICE CHEF

Full Time Opportunity

East Grampians Health Service provide Catering Services across Ararat and Willaura campuses. The catering services area provides food planning, development and preparation for all residents and inpatients. In addition EGHS operates and maintains its own onsite café (Café Pyrenees) available to all staff, patients, visitors and the wider community.

An exciting opportunity exists for an enthusiastic person passionate about cooking and looking for a long term career as a Commercial Cook. This apprenticeship requires candidates to work and study in the workplace to develop highly sought after skills required to be a Commercial Cook / Chef.

This qualification will provide the successful applicant with the underpinning knowledge and practical skills required to safely and effectively perform the entry level roles and responsibilities of a Commercial Cook/Chef.

You will be trained under the supervision of the Chef in food safety and the development and provision of a variety of quality foods and beverages to meet customers / residents individual dietary needs and enjoyment of food.

East Grampians Health Service can offer:

- Pathway to trade gualification
- Release to attend trade school
- Excellent working conditions
- Convenient day time hours (nights only for special events / occasions)
- Great team environment
- Work between two vastly different kitchens under supervision of qualified chefs

Candidates need to demonstrate commitment to at least 3 years of study attendance at trade school and weekly work schedule of 38 hours per week.

WHY ARARAT

- Ararat is the gateway to the Grampians and the Pyrenees
- Wineries, local boutique cafes and eateries
- Affordable living in a friendly rural environment

Email Mrs. Knights for a Position Description:-

knightsa@mcararat.catholic.edu.au

• demonstrate basic food preparation techniques • to have knowledge of food safety · willingness to learn new skills in a

able

following:

work in a team

TO APPLY

specialised field

To apply for this position please submit the following:

POSITION REQUIREMENTS

to

have a passion for food

Applicants for the position must be

• self-reliance, motivation and able to

demonstrate

the

- Application letter
- Resume with 2 referees

• Document detailing responses to the selection criteria (see Position Description)

Closing date for applications

Friday 10th September 2021

CONTACT DETAILS

Director, Support Services Stuart Kerr P: (03) 5352 9355 E: stuart.kerr@eghs.net.au

For more information visit eghs.net.au

- · Direct rail line to Ballarat and Melbourne
- Many sporting clubs: football, tennis, netball, basketball, dancing
- Outdoor activities: bushwalking, mountain biking, rock climbing, camping



Combine training with

on the job experience and get paid to learn

APPRENTICE CARPENTER

Full Time Opportunity

East Grampians Health Service provide Maintenance and Building Services across Ararat and Willaura campuses.

The services provided include general maintenance and building for departments located on both sites.

An exciting opportunity exists for an enthusiastic person passionate about building and looking for a long term career as a Carpenter. This apprenticeship requires candidates to work and study in the workplace to develop highly sought after skills.

This qualification will provide the successful applicant with the underpinning knowledge and practical skills required to safely and effectively perform the entry level roles and responsibilities of a Carpenter.

You will be trained under the supervision of our Maintenance Team Leader in varied aspects of building and maintenance including an exceptional opportunity to be involved in Capital Development projects works.

East Grampians Health Service can offer:

- A career start as a 1st year apprentice carpenter
- Pathway to trade qualification
- Excellent working conditions
- Release to attend trade school
- Great team environment

Email Mrs. Knights for a Position Description:knightsa@mcararat.catholic.edu.au

 self reliance, motivation and ability to work in a team

POSITION REOUIREMENTS

to

Applicants for the position must be

demonstrate

the

- a commitment of up to 4 years
- attendance at trade school
- ability to work a weekly schedule of 40 hours per week

TO APPLY

able

following:

To apply for this position please submit the following:

- Application letter
- Resume with 2 referees
- Document detailing responses to the selection criteria (see Position Description)

Closing date for applications:

Friday 10th September 2021

CONTACT DETAILS

Director, Support Services Stuart Kerr P: (03) 5352 9355 E: stuart.kerr@eghs.net.au

For more information visit eghs.net.au

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- Wineries, local boutique cafes and eateries
- Affordable living in a friendly rural environment

- Direct rail line to Ballarat and Melbourne
 - Many sporting clubs: football, tennis, netball, basketball, dancing
- Outdoor activities: bushwalking, mountain biking, rock climbing, camping



September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
30 AUG	31 AUG	1	2	3
6	7	8	9	10
13	14	15	16	17 HOUSE DAY ACTIVITIES (TBC) END OF TERM 3 EARLY DISMISSAL 2.15 pm

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
STUDENTS COMMENCE TERM 4				