



From the Head of Organisation and Student Pathways



Dear Parents, Carers, Friends and Students of Marian College,

- We encourage excellence and perseverance in learning,
 - We strive for continuous improvement

"Come to my rescue, God, my help, whenever I'm in trouble. Turn me away from my tendency to block or avoid my difficulties. With you at my side, I can gain perspective on my problems and look for healthy ways to resolve them. I may even be able to grow through them. May I always turn to you first." In the name of the Father, the Son and The Holy Spirit, Amen.

Welcome back to school for Term 3! What a tumultuous start to the term! Another snap lockdown has meant that we are back in remote learning. We have just had news that the lockdown will continue from Tuesday night. We will be keeping you informed of what is happening via email. Remote learning can be difficult for some of our students but some are also thriving and enjoy some of the benefits that learning from home can bring.

Semester Reports were released to PAM during the last week of Term 3. Please make sure that you have a look at these.

Unfortunately our traditional House Day scheduled for the last day of Term 2 as it became impossible to work with as many venues that House Leaders had chosen to take students. Many venues were unable to take bookings or were closed due to the COVID-19 restrictions placed on them and schools.

Subject Selection Process

Our subject selection process is coming up in a few weeks and this may also be a bit different again this year. We will be repeating what we provided last year and have once again set this up so there are short video clips of subjects for students and parents to look at. This will be on our school webpage very soon. Watch the newsletter for more information about this. Of course, if you have any questions about particular subjects then please first contact your TA teacher and they will either answer your questions or direct you to the right person to speak to.

Staff Retreat Days - Term 3

On the first two days of this term, staff participated in two different sessions for our staff retreat. Stephen East, our Head of Religion provided an excellent overview of what it means to teach in a Catholic school on Monday. There were many very controversial topics raised and it was great to be given the chance to reflect on what kind of impact Prayer and the Crucifixion and its iconology could have on our school. The discussion about our living justice principles at Marian College was timely and relevant. It was inspiring to talk about the need for courageous leadership in times of crisis. All of us are the voice, the hands and the feet of Jesus in this world and need to make a stand against injustices that we see in the world. On the second day we had an external speaker Ben Sacco present to staff on the significance that trauma can have on student learning

and how teaching staff can adjust their expectations to meet these students' needs. This was a timely reminder that all of us need to remember that our students walk in to our classrooms from a wide variety of situations and backgrounds and as teachers we need to be sensitive and compassionate towards what they are going through. It is not just about delivering the Curriculum.

Plans for the remainder of the term At this stage, Marian College is well equipped to respond to snap lockdowns as has happened last Thursday with the Premier making the announcement at 4.45 pm. We will remain in line with any directives that come from either the Catholic Education Office or the Department of Health and Human Services. We will keep you informed if any situation arises and we are directed to close the school. Thank you for your continued support and understanding as we continue to deal with the sometimes challenging directives that we are given.

Unfortunately, we have had to cancel the Year 10 Camp that was scheduled this week. We have also had to cancel several sporting events and this may have to continue for some time into the term. We would encourage you to call the office if you need information rather than coming into school.

Roll marking

During home-schooling students are expected to follow their teacher's instructions particularly when it comes to letting their teacher know they are present. Teachers have a range of processes that allow them to identify whether a student is active in class. Some of the ways that staff can do this is through:

- noting who is in a ZOOM meeting,
- following the student through a shared google document or on a learning platform
- asking students to say hi in google classroom,
- asking a weird but often witty question in a google form.

Our College Office team will be sending out absentee follow-up messages later in the day during the lockdown. It will mean that your child has not communicated with multiple teachers. Please let us know if they are not able to be "at school" as usual.

Well-being in lockdown

Remember you can still make Wellbeing requests on Simon or email our counsellor, Debra Wilson, or Head of Well-being, Ms Saravanja, directly. It is important to remember that you are not alone and there are people who can help you if you are struggling with your wellbeing or academic work. TAs and House Leaders are also only an email away and are always willing to support you in whatever way they can.

We look forward to seeing students back at school again soon. Meanwhile, we will be engaging with students virtually and providing them with guidance throughout remote learning on our usual digital platforms.

Lucy Edwards

IN MY WORDS with Max Willmott



I was born on October the 18th at the Moree Hospital to my Mum and Dad. I was the first born, followed later on by a half brother and a half sister. When I was born, my Mum would joke that she thought she ate too much pumpkin because I came out jaundiced.

I lived in Moree where my Dad worked on a farm. We left when I was 4-6 months old, as Dad had had enough. This was when we moved to Victoria (cold country) as most of our family were living down here. Mum and I (and sometimes Dad when he was not at work) would often go back to Moree as we

still had some family living up there on their farm with cattle. I liked it up there, I don't remember a lot but I do remember Mum telling me this story. She was watering Jane's garden and she thought I was playing with the dog. The next minute she could hear splashing and gasping for breath. Mum ran quickly over to the pool, where I was in the middle half drowning. Lucky Mum loves me enough that she got me out (thanks Mum!). Apparently as I found my breath I looked up to her and said "I go for a swim!". She thought that was enough swimming for the day. Funnily enough, 17 years later I have a part time job as a lifeguard.

At primary school (in Dunkeld) I had some really good mates. Even back then I didn't really like school all that much but I know I had to go. I remember going home and going down to my little shed and making things and sometimes running over the road (we live out of town on a block of land) and riding on the tractor with dad.

I later moved to Melbourne, which as a country kid I did not like it one bit. I then moved to Rupanyup, where I finally finished my primary school years. I liked it there. It was not a big town, like Melbourne. I lived next door to a really good friend and we would always go bike riding together.

As I moved on to high school, I moved to my Dads and began school at Baimbridge. I knew only two people out of the whole school. Later on we moved again, to Glentompson. I was lucky that we did because I have met a nice group of friends and I am also lucky enough to have a School Based Apprenticeship working on a farm which I enjoy so much.

When writing this I remembered Rolly, my dog, he was a black labrador. I remember a photo of me on his back, riding him like a horse. I spent most of my time brushing his hair off my clothes, but I didn't mind. I loved that dog and we had so many good times. Sadly we had to say goodbye when it was his time to go.

I have a lot of memories like visiting Uluru, going camel riding and seeing them race. One of the camels did not like racing at all and so the camel jockey gave it a beer every time it won and the camel loved it and started to win all the time, which I thought was hilarious. I also remember going to Queensland with my Grandma, as well as all the trips to Rocklands with my Dad and my cousins. When I was small, I went to a Wiggles concert and got my head stuck in the railing.

In the future I would love to work on an outback cattle farm or on a farm anywhere as long as it is on a farm. I would also love to travel some of the world and see how others live their life differently to me.

So as I finish, I thought writing this was going to be terrible but I actually enjoyed it. I would like to thank everyone, especially my Mum and Dad. I know I was a difficult kind of a kid but you always put up with it, I thank you for that.

I thank my family for all the amazing memories we have made so far and will keep making in the future. I would like to thank my friends that I have made all through schooling and putting up with me and I know we will make many more memories together when we are finished.

And finally, I thank my teachers for helping me through school and putting up with me talking all the time.













After 18 hours of hard labour and being rushed for a c section my mum pushed me into this world at 11:33am with the cord wrapped around my neck and torso at Ararat Hospital. I would be the first born for my parent. After doctors removed the cord and wrapped me up I was given to my parents Tracey Bell and Glenn Bowden weighing at 7pounds and 11 ounces. I Would spend the next few hours under lights due to jaundice allowing me to go home 5 days later, just in time for Father's day.

At just six months old, my father had brought home an 8 week old puppy just for me, Lucky. Little did my parents know that he would become my own personal body guard. Lucky used to sleep under my bassinet and whenever I cried he would run and find mum and then continuously pace from where she was all the way back to me until I was picked up or stopped crying. I am so thankful for Lucky. He has been my sidekick all my life and even though he has become quite old at 17 years of age he is still there for me when I need him.

The first two years of my life were peaceful and quiet. I had my own room, my own toys, as well as full attention from my family. Then my parents discovered the one thing to ruin it all for me, my little sister Holly. Holly came into the world on 22nd of November 2005, and boy did she grow up to have some attitude.

At four years old I started kindergarten at Jack and Jill. I made many friends, including my childhood best friend Hayley. I absolutely loved kindergarten as I was able to play, learn and explore around with other kids. During this time I had also discovered that I could convince Holly into jumping into a doll's pram and pushing her around the backyard as if I were a mum pushing her child in the park. Of course some days Holly would refuse to be pushed around, so I settled with putting Lucky in instead and he absolutely loved every minute of it and even refused to get out of the pram when I was done playing. During my time in kindergarten, my little brother Sam was born on the 10th of July, 2007 to Sharlmaine McColl and Glen Bowden.

One of my Mother's questionable memories of me being in primary school was a bet I had made with my friends in second grade. My friends and I decided to have a race to see who could lose all their baby teeth first, and who would get the most money from the tooth fairy. While my friends lost two or more teeth I had decided that I needed to win, losing a startling 7 teeth with only one tooth by nature, the rest was lost by pure force and pain. That year I did not only make plenty of money from the tooth fairy, I had also gained some winning bruises from the poles I had used to get rid of my teeth. Thank my lucky stars I did not do any damage to the ones I have now.

During my childhood I tried my hand at just about every sport thrown my way. Mum insisted on swimming lessons, but I also tried gymnastics, dancing, athletics and basketball before settling on just swimming making it all the way to competition stage before leaving and joining the Ararat Junior CFA running team at 13 years of age. I enjoyed the fire brigade so much and still do to this day. I have made so many friends of different ages and from different places as well as enjoying lots of laughs. The running team very quickly became a second family to me. I have so many happy memories of the team that are filled with lots of laughter and fun.

In Year 8 I met some girls who would stick with me for the rest of my time at Marian College. One of which I would learn I had met before during one of Mum's many activities for us. Later on I made even more friends through Year 10 camp, including one of my very best friends, Max Willmott. To this day I am still friends with all these people and I don't think I could lose contact with any of these amazing people as they have taught me so much during the years.

Marian College has taught me that sometimes goodbyes aren't forever and that new friends can change you just as much as getting older can and I thank all my teachers who have supported me through my experiences in high school. I also thank my parents, family and friends for looking out for me and supporting me through hard times as I would never be where I am today without them and I wish my fellow Year 12s a great future.





A MENTAL HEALTH GUIDE TO COPING WITH LOCKDOWN IN WINTER

1 LIGHTING

On dark mornings wake up gradually with increasing light. Try out a SAD light



2 LIMIT NEWS

Limit the amount of time you spend on social media and checking news



3 TAKE TIME FOR YOURSELF

Plan into your week where you can engage in activities that are relaxing. It is important to have time to yourself where you engage in some self care



4 STAY CONNECTED

Even though it might be difficult to see friends and family, it is important that you stay connected on a regular basis



5 COPING STRATEGIES

Identify some positive strategies you can engage in that help you deal with stress, worry or anxiety



6 PLAN YOUR WEEK

The human body has been designed to resist an infinite number of changes brought about by its environment. The secret of good health lies in successful adjustment to changing stresses on the body.



7 POSITIVE HABITS

Write down a list of 5-10 positive habits you can engage with on a regular basis to maintain your mental fitness



8 HELP OTHERS

"I promise you nothing is as chaotic as it seems. Nothing is worth diminishing your health. Nothing is worth poisoning yourself into stress, anxiety, and fear", said Steve Maraboli.



9 CONNECT TO YOUR VALUES

Reconnect with things that are important to you and try to engage with them on a regular basis



10 STAY ACTIVE

Throughout the day try and be active. Take a break from your work and walk around. Regular exercise can also be great for reducing stress and boosting mood



11 ASK FOR HELP

if you notice yourself struggling, reach out to family, friends, your doctor or a local mental health charity for help



YEAR 10 WORK EXPERIENCE







Toiya Atchison and Swayde Fox -Pomonal Estate

Over 80% of our Year 10 students were able to undertake Work Experience. Unfortunately some students had their placement cancelled at the last moment due to changes in COVID-19 restrictions, however it was great to get as many students out as we did in these challenging times.

Not only did we have students do placement in our local region, we also had students do placement in Melbourne, Ballarat, Echuca, Geelong, Warrnambool and Whittlesea. Some of the industries our students did placement in were: Child Care, Education, Health (Aged Care, Hospital & Physiotherapy), Construction, Floristry, Hospitality, Optometry, Plumbing, Retail, Real Estate and State Government.

Marian College is grateful to all the employers, business and industries who were willing to be involved in the program this year. In taking on our students for placement, this program is able to provide them the opportunity to gain an understanding of workplace expectations, develop employability skills, explore possible career paths and increase their independence and self-confidence.

Andrea Knights Careers Officer

YEAR 10 WORK EXPERIENCE





Abbey Rigby - Zest Living

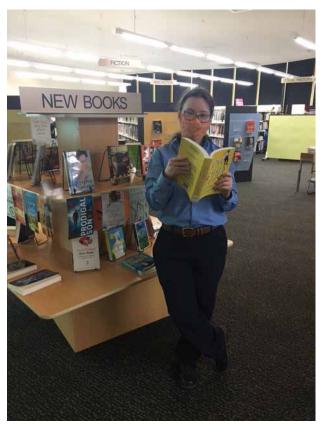


Greta Pinniger -Fred and Bet's Cafe



Isabel Harney The Bloom Bar & Co

YEAR 10 WORK EXPERIENCE



Isabel Clifton -Ararat Library

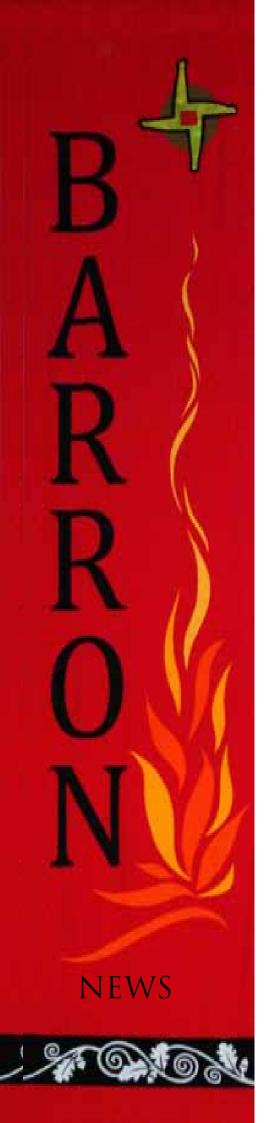




Tayisa Ralph -Ararat ELC



Ruby Preston - Echuca Primary School



FROM YOUR HOUSE LEADER

Hope

In the centre of our fifth stint of remote learning I sit and feel frustrated and sad. More so than ever for every student across our state; most of all for our students and our children. There is much to feel frustrated about! So, because this is how it is today and that is how I feel, I am choosing to focus on that other thing I feel: hope. I do not feel despair, I am hopeful for the end of this lockdown, the end of lockdowns altogether, for a future where our young people rise from the ashes of Covid and live and learn with complete freedom.

Hope is in us, if only we look closely.

"Hope" is the thing with feathers

"Hope" is the thing with feathers -That perches in the soul -And sings the tune without the words -And never stops - at all -

And sweetest - in the Gale - is heard -And sore must be the storm -That could abash the little Bird That kept so many warm -

I've heard it in the chillest land -And on the strangest Sea -Yet - never - in Extremity, It asked a crumb - of me.

By Emily Dickinson

Erica McConachy Barron House Leader



Wednesday 14 July 2021

Currently in Year 12 and considering Tertiary study?

Victorian courses

The Victorian Tertiary Admissions Centre (VTAC) processes course applications on behalf of participating higher education institutions.

From Monday 2 August, you will be able to create a VTAC account and apply for vocational and higher education courses.

VTAC has developed a series of resources to assist students with their applications. The following are examples:

Website

The website and social media channels contain information about the application process, Special Entry Access Scheme (SEAS), and scholarships etc.,www.vtac.edu.au

Year 12 Guide

Year 12 students can access an online resource to assist them with their applications https://bit.ly/2Zpe6Ri

Instructional videos

These outline how to set up a VTAC account, how to search for courses and how the preference system works, www.youtube.com/user/vtacmedia

NSW and Canberra courses

The Universities Admissions Centre (UAC) processes course applications on behalf of participating higher education institutions.

NSW students are able to apply for vocational and higher education courses now for the 2022 intake, and Victorian students will be able to from apply from Tuesday 3 August.

UAC has developed a series of resources to assist students with their applications:

Website

The website and social media channels contain information about the application process, key dates, Education Access Schemes and scholarships etc., www.uac.edu.au

Downloadable publications

You can download resources on the application process, key dates, Education Access Schemes and scholarships etc., https://bit.ly/2WcBBvd

Instructional videos

www.youtube.com/user/UACinfo

Other states

Information and resources for other states can be accessed via the following websites:

SA/NT www.satac.edu.au
Queensland www.qtac.edu.au
WA www.tisc.edu.au
Tasmania www.utas.edu.au

University resources

Good Universities Guide

This is the largest course comparison website in Australia. You can find courses, compare university ratings, and explore careers, www.gooduniversitiesguide.com.au

How to choose a uni degree

This article offers advice on how to choose the right university and university course for you in 5 easy steps, https://bit.ly/3wAvZKx

Post school qualifications

Why is completing a vocational or higher education qualification after school so important? According to the My Career Match website:

Of the millions of jobs advertised in Australia around 85% require a Certificate III or higher and around 30% require a bachelor's degree or higher.

Many of the careers and jobs that are around today will disappear by the time students get their first job and many new careers will be created.

To read more about the future of automation, globalisation and collaboration of the future workforce, read the following report by the Australian Foundation for Young Australians - http://bit.ly/29ARTcf

Employability Toolkits

University of Sunshine Coast has developed these fantastic employability toolkits for students:

Toolkit 1: professional branding, https://bit.ly/2AWko1w

Toolkit 2: maintaining a professional LinkedIn profile, https://bit.ly/3j3boZx

Toolkit 3: develop your digital portfolio, https://bit.ly/3gS8PaQ

Toolkit 4: support your personal brand in a job application process, https://bit.ly/2CCHmLt



Year 12 study resources

ATAR Notes

The ATAR notes website has resources for VCE and HSC students.

You can download free exam preparation and summary notes for subjects and watch lectures. You can also access paid online tutoring for subjects and purchase subject guides. Register at https://atarnotes.com/

Australian Catholic University - Year 12 Revision Webinars

To help students tackle their final exams, ACU will be running Year 12 Revision Webinars.

These free online sessions will be led by experienced Year 12 teachers and exam markers so that students can get personal help in a wide range of subjects. For information and to register your place, visit https://bit.ly/2ZtKMJL

Amazing webinars!

CareersEvent.com has developed a one stop portal for students to access webinars based on their career interest areas.

Examples of interest areas include information technology, science, creative arts, Defence, tourism and travel, health, and teaching.

You can also access webinars on accommodation, private colleges, and universities.

www.careersevent.com/seminar/

Careers in music

Download the Australian Institute of Music's special report on the mega trends that have transformed the music industry in 2021. Explore global research and in-depth insights on double digit music growth, the artist as entrepreneur, online fan communities and more. Recorded music has surged whilst touring stopped. Data and A.I. made listening visible. This is what every music industry professional needs to know, https://aim.edu.au/white-paper/

Updates from Federation University

Federation University has campuses at Berwick, Gippsland, Horsham and Ballarat and offers vocational and higher education courses. The following are two updates for prospective students:

Performing Arts

Students applying for the Bachelor of Performing Arts are inviting to participate in an online audition QnA workshop. You will receive information on preparing for the audition. You can register via https://bit.ly/3kbxUm8

New courses starting in 2022

- Bachelor of Speech Pathology (Honours)
- Bachelor of Sustainable Food Systems
- Bachelor of Cognitive Enterprise
- Bachelor of Nursing/Bachelor of Midwifery
- Bachelor of Criminal Justice Management

You can explore courses via https://federation.edu.au/



Preparing the digital workforce of tomorrow

ING have released a Future Focus Report that explores the rapid acceleration of digital technologies in the workplace brought on by the impact of COVID.

It looks at the impact this is having on the jobs and skills needed for the future workforce. Students may find the research interesting.

You can download the report at https://bit.ly/3h8iLon

Space science careers

The following information has been taken from Careers with STEM.

Jobs you could land with a space science degree

If you've always known that a space career was on the radar – then an industry specific degree like a Bachelor of Space Science could be the perfect tertiary match, https://bit.ly/3xwB₅Zv

A day in the life of an Astronomer

Karlie Noon, a proud Gamilaroi woman and astronomy ambassador for The Sydney Observatory, shares her STEM journey with us, https://bit.ly/2UKY₅VZ

Space + agriculture: bringing space jobs down to earth

New tech from the space sector is revolutionising farming, and there are loads of roles for STEM grads in creating it. Here are a few of the coolest jobs going, https://bit.ly/3wAQ9UG

Careers with STEM: On Demand

Sign up to the Careers with STEM YouTube channel. Here you'll find live webinar recordings, interviews with inspiring STEM professionals, fun videos on the coolest STEM jobs out there and heaps more! https://bit.ly/jwCHIs3

Thinking about studying IT or computer science?

The number of cyber security jobs will grow by 300% by 2023, which makes it an awesome and indemand area to specialise in. Check out the Careers with STEM cyber security careers hub – you will find out what to study, which employers to hit up and what's involved in the job, https://bit.ly/3040vkE

You can study cyber security at TAFE or university. Some universities offer double degrees in cyber security – for example, you could combine cyber security and criminology or cyber security and psychological science.

The following are examples of Victorian universities you can study cyber security at:

Deakin University, https://bit.ly/3AVTSj4 La Trobe University, https://bit.ly/3xx7Qpr Swinburne University, https://bit.ly/3xONrfu Victoria University, https://bit.ly/2TczEk8



Interesting articles from Australian Careers Service

Social work – low ATAR requirement and a higher graduate salary, https://bit.ly/3hBKMQO

What are the highest-paying jobs in Australia in 2021? https://bit.ly/3hylBgJ

Does a high ATAR course guarantee the best employment outcomes? https://bit.ly/3ribtqR

The top universities for architecture in 2021, https://bit.ly/3AUMLaw



Open Days

It's crucial you participate in open days if you would like to study at TAFE or university in the future.

Please start your planning now as you will need to register for the event and there will be limited places for on campus events due to COVID restrictions.

Resources

The A – Z of what to expect at open days - https://bit.ly/3ee4hgl

Physical versus virtual open days – what's the difference? https://bit.ly/3wAxQ22

Dates

Victoria – www.vtac.edu.au/opendays NSW & ACT - www.uac.edu.au/open-days

Gap Year in the Army

The Australian Defence Force Gap Year program provides an opportunity for young Australians who have finished Year 12 to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year in the Army.

You will earn more than \$45,000, have subsidised accommodation and full medical and dental coverage.

The following roles still have spaces for applicants: Army Support, Army Officer, Army Combat.

For information and to apply, go to https://bit.ly/32tiEG4

Upcoming career events



Australian Catholic University (ACU)

ACU is running Experience Days for prospective students. You will be able to tour the campus of your choice, participate in course focussed workshops, and speak directly to course advisers.

Workshops will fill quickly, so RSVP as soon as possible:

Ballarat - Tuesday 28 September Melbourne – date TBC

https://bit.ly/34cGZID

JMC Academy

The Melbourne Martini Awards are being hosted on 3 August at the Melbourne Astor Theatre. You will be able to view the film and television work of JMC students and watch the awards ceremonies, https://bit.ly/3wBJ1Hu

The Santos Science Experience

This is a 3-day STEM program for Year 9 and 10 students. The following institutes are running the Science Experience program in September:

- Federation University
- RMIT University
- Marine & Freshwater Discovery Centre

www.scienceexperience.com.au

La Trobe University

The following webinar is running for parents in July, https://bit.ly/35lxKKw

27 Parent information seminar

The Hotel School Melbourne

The Hotel School is running an 'Industry Insights Day' for current Year 12 students. At the event, students will experience life behind the scenes at one of Melbourne's luxury 5-star hotels.

They will meet professionals from key departments and know first-hand what life is really like through the eyes of a hospitality professional.

Sunday 22 August, 9.30am – 1.30pm 25 Collins Street, Melbourne https://bit.ly/3wEofnL

Monash University

Monash is running the following course information sessions for prospective students in July:

Information Evenings, www.monash.edu/information-evenings

20	Health
27	Business with a global perspective

Inside Monash Seminars, www.monash.edu/inside-monash

20	IT – your world of possibilities
27	Introduction to law



Deakin University

Find out about accommodation at Deakin University by tuning into an online webinar during July, https://bit.ly/2RRPCj2

Australian Defence Force

For career information session dates, visit www.defencejobs.gov.au/events

RMIT University - Discover What's Next

RMIT University is running the following online information session for prospective students in July, www.rmit.edu.au/events

15 Property courses

Free webinars

The Tertiary Information Service is running the following free online webinars for Victorian course applications:

14 July: VTAC applications26 August: SEAS and Scholarship applications

For information and to register your place, visitwww.tis.org.au

Victoria Police

For career information session dates, visit https://bit.ly/3uBvCOQ

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July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
26		20		
26	27	28	GENERAL ACHIEVEMENT TEST (GAT)	30

August 2021

Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6 PUPIL FREE DAY	
9	10 YEAR 7 2022 ORIENTATION DAY #1	YEAR 10 PARENT/ TEACHER/STUDENT SUBJECT MEETINGS	12	13	
PRODUCTION WEEK					